



Coping with Grief in Traumatic Loss: *Theoretical Perspectives and Interventive Strategies*

*A 2-part clinical webinar series
January 20 and 27, 2021 10am – Noon*

Coping with Grief in Traumatic Loss: Theoretical Perspectives and Interventive Strategies

January 20 & 27, 2021
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Note: This training is open to licensed New York State (NYS) Mental Health Providers and/or current graduate students of a clinical program from OVS-funded organizations. Continuing Education (CE) credit hours are subject to successful completion of all session requirements. See below for more information.

To register for this training, please [click here](#).

This two-part workshop offers one session on the most current theoretical perspectives on loss and grief. The session begins with a review of basic grief concepts — especially exploring six areas where understandings of grief have developed. In this session, we also explore the difference between trauma and grief as well as the special issues that emerge with deaths due to homicide.

The second session begins by reviewing research on grief interventions. Participants consider the goals and techniques of grief counseling in individual, family and group settings. Special emphasis is placed on techniques such as meaning making and the use of ritual as well as traumatic losses.

Throughout both days, participants are assisted to assess the sensitivity of theoretical perspectives and interventive techniques to the populations with whom they work. The seminar does stress the ways that culture, spirituality, gender, and development affect the grieving process and the selection of interventive approaches.

The workshop would be useful to a range of professionals who counsel persons who are bereaved including psychologists, counselors, clergy, social workers, nurses and other health care workers, as well as educators, teachers and school-based personnel. It would have special resonance with those who work with victims of traumatic loss especially that of homicide.

Objectives

At the conclusion of this presentation, participants will be able to:

1. Describe the process of grief, noting grief manifestations and factors that influence the grieving process;
2. Discuss five areas in which understandings of grief have developed;
3. Differentiate *grief* and *trauma* and indicate five ways that homicide complicates grief;



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4. Describe contemporary research on grief interventions;
5. Discuss the goals and techniques of individual, family and group interventions;
6. Given case studies, select and defend appropriate interventive strategies;
7. Discuss the value of ritual and describe four different types of rituals.

Continuing Education Eligibility and Requirements

Social Work Continuing Education (6) hours are available through a partnership with University at Albany School of Social Welfare. University at Albany, School of Social Welfare is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0011.

Licensed Mental Health Counselor Continuing Education (6) hours are available through a partnership with UAlbany School of Social Welfare and School of Education. University at Albany, School of Social Welfare & School of Education, Continuing Education Program is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0039.

In order to receive credit, participants must attend both sessions and be present throughout the sessions. Attendance will be taken 6 times (once per hour) via the chat feature of the video platform.

[Click here to register](#)

Note that you only need to register once - your ticket is valid for both training dates

Course Instructor



Dr. Kenneth J. Doka is a Professor Emeritus, The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. He is one of the authors of the text, *Dying & Death: Life & Living*. A prolific author, Dr. Doka's books include *Aging America: Coping with loss, dying, and death in later life*, *Transforming loss: Finding potential in loss*, *When Grief Is Complicated*, *Grief Is a Journey: Finding your Pathway through Loss*, *Managing Conflict*, *Finding Meaning*, *The Longest Loss*:



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Alzheimer's Disease and Dementia, Helping Adolescents Cope with Loss, Journeys with Grief: A Collection of Articles about Love, Life, and Loss, Improving Care for Veterans Facing Illness and Death, Ethics and End-of-Life Care, Beyond Kübler-Ross: New Perspectives on Death, Dying, and Grief, Spirituality and End-of-Life Care, Grieving beyond Gender: Understanding the Ways Men and Woman Mourn; Counseling Individuals with Life-Threatening Illness; Cancer and End-of-Life Care; Diversity and End-of-Life Care; Living with Grief: Children and Adolescents, Living with Grief: Before and After Death, Death, Dying and Bereavement: Major Themes in Health and Social Welfare (a 4 Volume edited work), Pain Management at the End-of-Life: Bridging the Gap between Knowledge and Practice, Living with Grief: Ethical Dilemmas at the End of Life, Living with Grief: Alzheimer's Disease, Living with Grief: Coping with Public Tragedy; Men Don't Cry, Women Do: Transcending Gender Stereotypes of Grief; Living with Grief: Loss in Later Life, Disenfranchised Grief: Recognizing Hidden Sorrow: Living with Life Threatening Illness; Children Mourning, Mourning Children; Death and Spirituality; Living with Grief: After Sudden Loss; Living with Grief: When Illness is Prolonged; Living with Grief: Who We Are, How We Grieve; Living with Grief: At Work, School and Worship; Living with Grief: Children, Adolescents and Loss; Caregiving and Loss: Family Needs, Professional Responses; AIDS, Fear and Society; Aging and Developmental Disabilities; and Disenfranchised Grief: New Directions, Challenges, and Strategies for Practice. In addition to these books, he has published over 100 articles and book chapters. Dr. Doka is editor of both *Omega: The Journal of Death and Dying* and *Journeys: A Newsletter to Help in Bereavement*. He has an ongoing blog for *Psychology Today* entitled *Good Mourning*.

Dr. Doka was elected President of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the Board of Directors of the International Work Group on Dying, Death and Bereavement and served as chair from 1997-1999. The Association for Death Education and Counseling presented him with an Award for *Outstanding Contributions in the Field of Death Education* in 1998 and *Significant Contributions to the Field of Thanatology* in 2014. In 2000 Scott and White presented him an award for *Outstanding Contributions to Thanatology and Hospice*. His *Alma Mater* Concordia College presented him with their first *Distinguished Alumnus Award*. He is a recipient of the *Caring Hands Award* as well as the *Dr. Robert Fulton CDEB Founder's Award*. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under NY State's first licensure of counselors.

Dr. Doka has keynoted conferences throughout North America as well as Europe, Asia, Australia and New Zealand. He participates in the annual Hospice Foundation of America Teleconference and has appeared on CNN and *Nightline*. In addition, he has served as a consultant to medical, nursing, funeral service and hospice organizations as well as businesses and educational and social service agencies. Dr. Doka is an ordained Lutheran minister.

This program is presented by the New York State Office of Victim Services in collaboration with the Institute for Disaster Mental Health at SUNY New Paltz (IDMH). CE hours are available through a partnership with University at Albany School of Social Welfare and School of Education.